

FOR IMMEDIATE RELEASE

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Nationally-Recognized Child Psychologist and Author Dr. Anthony Wolf to Speak at Lake Park High School

Roselle, IL – Lake Park High School is sponsoring an informative evening for parents with Dr. Anthony Wolf, child psychologist and author of numerous child-rearing books including the best-selling and widely acclaimed, *Get Out of My Life, But First Could You Drive Me and Cheryl to the Mall: A Parents' Guide to the New Teenager*. The event will be held Wednesday, September 19 from 7:30 p.m. – 9:00 p.m. at the Lake Park High School East Campus auditorium (600 South Medinah Road in Roselle).

Dr. Wolf uses his upbeat sense-of-humor to help parents on common issues ranging from communication and trust to better handling conflict; from poor academic performance to appropriate use of the Internet. He explores the physiological and psychological makeup of teenagers and explains why they often react as they do. Dr. Wolf offers practical alternatives to anger, nagging and frustration when dealing with teens, and gives specific recommendations on how to develop a better relationship with even the most difficult teenagers.

Parents will learn that they become an allergy to their teens during these unpredictable years, and that teen boys and teen girls react very differently to the m. By evening's end, parents will be reassured that they will indeed make it through the teen years and have practical strategies to do so!

Dr. Wolf is a frequent contributor to parenting magazines including *Parents* and *Family Circle* as well as his monthly column in *CHILD Magazine*. He has appeared on many television shows including *The Today Show*, *The View* and *CBS This Morning*. He is a widely sought after lecturer for both parent and professional audiences, known for his humor and very practical advice.

This program is free and open to the community. For more information, please call the Lake Park High School Community Relations department at 630-295-5402.