

GETTING IT TOGETHER
GRADE 9-10
(2 Semesters)

COURSE OVERVIEW:

G.I.T. is designed to help prepare students for the realities they will face in life beyond high school. Students in G.I.T. will have the opportunity to explore some of their own attitudes and beliefs, to share these attitudes and feelings about themselves with others, to learn more about others, to learn how to communicate more effectively and openly with others, and to examine the process by which they deal with difficulties and decisions to be made.

G.I.T. is also a time when teachers focus on behavioral objectives that are individualized for every student. Each student has several benchmarks that need to be attained. Some benchmarks are specifically geared to increasing or decreasing certain behaviors through behavior modification plans and merit systems. These objectives are generated at I.E.P./M.D.C. Annual Review meetings and are updated and monitored during the G.I.T. class period.

UNITS OF INSTRUCTION:

- UNIT I - Self-Discovery/Concept
- UNIT II - Communication
- UNIT III - Values
- UNIT IV - Conflict Resolution
- UNIT V - Decision Making
- UNIT VI - Motivation
- UNIT VII - Goal-Setting

STUDENT OUTCOMES:

1. To foster personalized growth through increased awareness of oneself and others.
2. To explore opportunities for developing communication and decision-making skills.
3. To focus on adapting to meet the specific needs of various students.
4. To focus on career exploration and adapting to life beyond high school.
5. To increase appropriate behaviors through group and individualized meeting sessions.

MAJOR LEARNING EXPERIENCES TO ACHIEVE OUTCOMES:

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| 1. | Students will participate in activities which may involve role-playing, student-led discussions, cooperative learning, and/or open sharing. For most activities, there will be worksheets or handouts distributed to the group of students. |
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ADOPTED TEXT OR PRINCIPAL MATERIALS USED:

Perlstein, Ruth and Thrall, Gloria. <i>Conflict Resolution Activities for Secondary Students</i> , The Center for Applied Research in Education.
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(05/08/03)