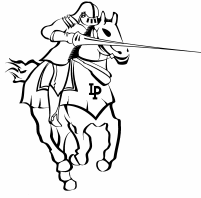


LAKE PARK HIGH SCHOOL DISTRICT 108 LANCER CODE OF CONDUCT



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LANCER HOTLINE FOR ATHLETICS & ACTIVITIES
(630) 529-4500
Extension 5 for Athletics
Extension 6 for Activities

Required for Participation in Activities/Athletics

After reading, please sign the consent form and returned signed portion to the Lake Park Athletic or Activities Office

PURPOSE

While the regular curricular program is a right afforded to each student by the Board of Education of Lake Park High School District #108, participation in the activities/athletics program is a **privilege** and carries certain expectations beyond those found in the normal classroom situation. Students participating in the activities/athletics program act as representatives of the school district and are expected to conduct themselves accordingly. The goals of the activities program are to give students direction in developing healthful living habits, discipline, leadership, teamwork, competition opportunities, and respect for rules and regulations. It is to these ends that a **Lancer Code** is established for young people taking part in the school districts activities/athletics program.

The implementation and effectiveness of this code is dependent on a collective commitment from students, parents, teachers, coaches and other school personnel. It is the responsibility of the athletic director, coaches and sponsors to inform participants of the **Lancer Code** and to enforce the **Lancer Code** in a fair and consistent manner. It is the participant's responsibility to be aware of the eligibility requirements of the **Lancer Code** and behave accordingly.

ELIGIBILITY REQUIREMENTS

The Student Participant Must:

1. Strive for excellence in academics as well as in the extra-curricular activities.
2. Travel on school-arranged and approved transportation for all away-from-school events. In special circumstances, a coach may release a student participant to **his/her parent(s)/guardians only**. Per Board of Education policy, coaches and sponsors **are not allowed** to release participants to family friends, neighbors, or the parents of other student participants.
3. Be responsible for all equipment and/or uniforms issued for an activity and return all equipment at the end of the activity. Student participants will be responsible financially for the replacement of any equipment not returned.
4. Submit to annual physical exam for participation in athletic activities. Physical exams are valid for one calendar year from the date received. **Athletes may not begin practice until a current physical is on file.**
5. Adhere to all rules set forth in the *Attendance and Behavior Expectations* of Lake Park High School District 108.
6. Display conduct becoming a Lake Park District 108 representative, including respect of persons and property at all times.
7. In competition and practice:
 - A. Play according to the rules of conduct established by the sponsor/coach.
 - B. Be humble in victory, and gracious in defeat.
 - C. Maintain control over his/her emotions.
 - D. Respect the judgment of others, including officials and judges.
 - E. Be on time for all practices and events.
 - F. Accept constructive criticism from coach and/or sponsors.
 - G. Take pride in himself/herself and pride in Lake Park High School.
8. Be in attendance at school, practices, contests, and performances. A student participant must be in school a minimum of four (4) periods in order to participate in a scholastic practice. A student participant must be in attendance the final four (4) periods of the school day in order to participate in an interscholastic contest, event, or performance. Excused doctor and dentist appointments will be considered on an individual basis.

ELIGIBILITY REQUIREMENTS (Continued)

9. Student participants must refrain and abstain from use or possession of tobacco and alcohol as well as abuse of any non-prescription drugs. **This statement shall cover a student's four-year career at Lake Park and is in effect 365 days a year. Violations do not return to a first offense at the start of a new school year.**
10. Participants in athletic programs must attend one Athletic Information Night meeting, with a parent or guardian, once in his/her four (4) year high school career
11. Meet the Lake Park academic standard each week and the IHSA standard of passing a minimum of four (4) classes each semester:
 - A. In order to remain eligible to compete or participate in contests and performances a **student shall not have:**
 - * **Failing grades in two or more classes**
 - * **One failing grade and two D's**
 - * **Three D's**
 - B. Students who fail to meet this standard are expected to attend all practices, rehearsals, competitions and performances during their period of ineligibility.
 - C. Please note in calculating classes: TCD is equivalent to three (3) classes, and any cooperative job is equivalent to two (2) classes.

POLICIES RELATED TO LANCER CODE VIOLATIONS

***Code Items One (1) through Eight (8)**

Penalties shall be determined by individual coaches/sponsors or by Lake Park High School District 108 policy.

***Code Item 9**

Levels of Consequence:

Voluntary Admission of a First Offense

A student may admit that he/she violated the **Lancer Code** provisions regarding drugs, alcohol, tobacco, prescription or non-prescription medications, or performance enhancing drugs **one** time during his/her high school career. The voluntary admission must occur **prior** to the discovery of the infraction by the coach/sponsor, athletic/activities director, or government agency (i.e. police). This procedure is applicable only when the student participant comes forward seeking help and not to lessen the consequence for violating the **Lancer Code**. A self-reporting student will receive referrals to the proper agencies for help, and will receive a suspension of 10% of the total scheduled dates, or a one week suspension. If the student participant has an additional violation of Code Item 9 of the **Lancer Code**, he/she will be subject to the full consequences for a second offense.

First Offense

Any student participant found in violation of Code Item 9 will be suspended from 20% of the total scheduled dates, or for two (2) weeks. (Note: if the event is a theatre event, violation will lead to expulsion from the event due to the limited nature of theatre performance.)

Second Offense

The student participant will be removed from the sport/activity for the remainder of the season, as well as suspended from all activities for a period of nine (9) weeks. The nine (9)-week suspension may continue into the next school year. The student participant must consent to an entry-level assessment by an approved medical professional and provide evidence of the assessment to the athletic or activities director before he/she will be allowed to participate in extra-curricular activities.

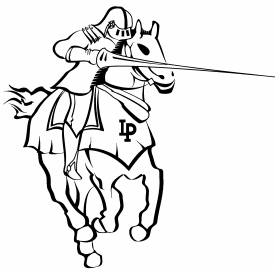
Third Offense

The student participant will be removed from the extra-curricular program for the remainder of his/her high school careers. (Including sports, theatre performances, band events, dances, and prom). If the student participant wishes to be reinstated to the extra-curricular program, he/she must appeal their case to the *Lancer Code Council* which will determine the status of the student after a chemical dependency assessment is completed.

Suspensions

During the period of suspension, the student participant must attend all practices and scheduled activities, but may not participate in contests/events/performances. If the student participant does not complete the suspension during the affected season, the penalty may continue into the student participant's next sport/activity.

<p>This Code of Conduct shall cover a student's four-year career at Lake Park and is in effect 365 days a year. Violations do not return to a first offense at the start of a new school year.</p>



PARENT/STUDENT PARTICIPANT SIGNATURE PAGE

****PLEASE READ CAREFULLY, SIGN AND RETURN TO THE ATHLETIC/ACTIVITIES OFFICE****

PARENT CONSENT FOR PARTICIPATION AND EMERGENCY MEDICAL TREATMENT WAIVER

Please read this form carefully and be aware that participation in the athletics/activities program(s) for which your child (ward) is being registered entails, like participation in all recreational activities, certain risks which cannot be entirely eliminated despite due care exercised by the Lake Park High School staff in conjunction such program(s).

I hereby give my consent for my child (ward) to participate in the athletic/activities program(s), and I understand that appropriate precautions are taken to protect program participants. However, I also recognize and acknowledge that there is a degree of risk that my child may sustain personal injury or damage to property in the course of partaking in such activities, and that Lake Park High School cannot guarantee risk-free recreational experiences to program participants. I nonetheless desire to procure the benefits of recreation for my child (ward), and accordingly consent to his/her participation as described above.

I agree to emergency treatment by a physician or hospital in the event I cannot be reached, and I understand that Lake Park High School does not cover participant for any types of medical costs.

I hereby fully release and discharge Lake Park High School and its officers, agents, servants and employees from any and all claims for injuries, (including death), damage, or loss which I may have or which may accrue to me on account of my child's (ward's) participation in the program(s). I further agree to indemnify and hold harmless the Lake Park High School District 108 and its officers, agents, servants and employees from any and all claims and expenses (including attorney's fees), resulting from injuries (including death), damages and losses sustained by me and arising in any way out of my child's (ward's) participation in said programs.

PLEASE COMPLETE ALL INFORMATION REQUESTED BELOW AND SIGN WHERE APPLICABLE
(By signing this document, parents and student participants agree to follow all guidelines specified in the *Lancer Code*)

Date _____ Student ID# _____ Sport/Activity _____

Print Student Name (Last, First) _____

Student Signature _____

Print Parent(s)/Guardian(s) Names (Last, First)

Parent(s)/Guardian(s) Signature _____

Home Address _____

Home Phone _____ Mobile Phone _____

Work Phone: Father _____ Work Phone: Mother _____