

PARENTING  
GRADES 10-12  
(1 Semester -No Prerequisites)

COURSE OVERVIEW:

<p>In this course students will learn about areas of parenting: planning for, having, and caring for children, nurturing children, and guiding children. They will also develop skills for making decisions and thinking critically which can be applied to all areas of their lives. Emphasis is placed on the role of families and parenting, the decision to parent, teenage parenthood, and parenting skills and problems.</p>
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UNITS OF INSTRUCTION:

- UNIT I - Parenting Decisions
- UNIT II - Becoming a Parent
- UNIT III - A New Baby
- UNIT IV - Nurturing Children
- UNIT V - Guiding Children
- UNIT VI - Family Resources

STUDENT OUTCOMES:

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| <ol style="list-style-type: none"><li>1. Discuss importance of parenting and various types of parenthood.</li><li>2. Describe various types of family structures.</li><li>3. Discuss rewards, myths, and responsibilities of parenting.</li><li>4. Assess personal readiness for parenthood.</li><li>5. Describe health risks and emotional concerns of teenage pregnancy.</li><li>6. Compare parenthood options of marriage, single parenthood, and adoption.</li><li>7. Compare three different parenting styles.</li><li>8. Compare characteristics of successful and unsuccessful parents and effects on children.</li><li>9. Summarize how conception occurs and how genetics determine inherited traits.</li><li>10. List early signs of pregnancy.</li><li>11. Identify and describe three stages of prenatal development.</li><li>12. Discuss importance of medical care, nutrition of exercise and how specific substances, diseases, and environmental hazards can be harmful to the fetus.</li></ol> |
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STUDENT OUTCOMES:

13.	Describe prepared childbirth and training.
14.	Discuss advantages and disadvantages of breastfeeding.
15.	Discuss parental leaves and childcare options.
16.	Summarize three stages of labor and problems that might occur during delivery.
17.	Explain health and safety procedures for children.
18.	List ways to: provide a stimulating environment, foster a child's self esteem, foster independence, socialization, and self-responsibility, help a child cope with stress, stimulate a child's cognitive development, and guide play.
19.	Describe methods to help educate children with special needs and giftedness.
20.	List and give examples of effective communication skills.
21.	Explain children's common behavioral problems.
22.	Discuss cause and effects of child abuse and relationship to self-control.
23.	Compare home-based and center-based childcare.
24.	List characteristics of high quality childcare, types of preschool, and kindergarten activities.

MAJOR LEARNING EXPERIENCES TO ACHIEVE OUTCOMES:

1.	Complete case studies relating to consequences of teenage pregnancy.
2.	Participate in baby care simulation activity.
3.	Investigate careers relating to human development.
4.	Participate in field trip to maternity, nursery, and pediatric sections of area hospital.

ADOPTED TEXT OR PRINCIPAL MATERIALS USED:

Hildebrand, Dr. Verna. <i>Parenting: Rewards and Responsibilities</i> . New York: Glencoe McMillan McGraw-Hill, 1994.
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