

CLOTHING 1
GRADES 9-12
(1 Semester)

COURSE OVERVIEW:

This course is designed to introduce students to the basic skills necessary for clothing construction as well as proper clothing care techniques. Students will learn the proper usage of the sewing machine, pressing equipment, and correct use and purpose of a serger. Students will construct projects such as a drawstring backpack, elastic waistband pants or skirt, and a garment using selected techniques of zippers, buttons, and hems. They will also learn how to correctly fit and adjust garments during and after construction. Creativity is expressed through each individualized garment by using the latest technology found in the new, advanced sewing machines, the computerized sewing machine, and the embroidery machine.

UNITS OF INSTRUCTION:

- UNIT I - Equipment and Supplies
- UNIT II - Pattern and Fabric Selection
- UNIT III - Basic Sewing Techniques
- UNIT IV - Intermediate Sewing Techniques
- UNIT V - Advanced Sewing Techniques
- UNIT VI - Clothing Care

STUDENT OUTCOMES:

1. Identify the basic parts of the sewing machine.
2. Perform basic operating procedures on the sewing machine.
3. Identify and demonstrate how to use sewing and pressing equipment.
4. Determine the correct pattern size based on specific body measurements.
5. Describe the information found on the pattern envelope and pattern guide sheet.
6. Explain the various symbols found on pattern pieces.
7. Identify frequently used sewing terms.
8. Demonstrate selected hand and machine sewing techniques.
9. Explain the importance of pin basting and stitching seams correctly.
10. Explain the importance of finishing seams allowances.
11. Determine which hem finish to use with selected garments and hand sew two hems.
12. Understand the purpose of and proper sewing of a dart.
13. Demonstrate various options for waistbands, including several types of zippers and buttons with buttonholes.

14.	Explain how to care for clothing on a routine basis by reading the care labels.
15.	Explain the use of laundry products and equipment and apply to stain removal techniques. Describe the steps involved in laundering clothes.
16.	Understand the dry-cleaning process and purpose.
17.	Apply knowledge of basic sewing skills to be able to repair garments at home.

MAJOR LEARNING EXPERIENCES TO ACHIEVE OUTCOMES:

1.	Demonstrate the ability to safely and properly use a sewing machine, overlock machine, and pressing equipment.
2.	Demonstrate ability to select and fit a pattern.
3.	Demonstrate ability to use the proper layout and cutting techniques.
4.	Exhibit problem solving ability in transferring the ability to translate directions to application when sewing.
5.	Exhibit responsible behavior by providing necessary supplies and demonstrating safety techniques when needed.

ADOPTED TEXT OR PRINCIPAL MATERIALS USED:

Weber, Jeanette. <i>Clothing: Fashion, Fabrics, and Construction</i> . Glencoe McGraw-Hill, 2003.

(08/22/03)
(04/25/00)